## Cranmore Race Team Athlete Code of Conduct

As a member of the Cranmore Race Team, all athletes agree to adhere to the following Code of Conduct:

- 1. Standards of Conduct: failure to adhere to the following may result in disciplinary action against the athlete:
  - a. As a member of the team, all athletes are expected and required to represent themselves, the team, our mountain and their community in everything they do. Conduct on and off the hill, and in cyberspace communities, is expected to represent the core values and goals of the Cranmore Race Team.
  - b. All athletes are expected to demonstrate athletic integrity, and sportsmanship, both on and off the hill; athletes are expected to follow all rules and codes of conduct during participation in training (on snow and dryland), NHARA/USSA events, and any in any other venue where they are representing Cranmore Race Team.
  - c. Prohibited conduct includes, but is not limited to
    - i. Poor sportsmanship
    - ii. Hazing/Bullying
    - iii. Disrespect
    - iv. Use and possession of tobacco, alcohol or illegal drugs/substances
  - d. If a coach feels the athlete's behaviors is being disruptive at any point of the day the parent will be notified and asked to take the athlete home for the day and the situation will be addressed at a later date.
- 2. Core Values: Good Sportsmanship is the basis of this agreement, it includes but is not limited to:
  - a. Respect for all race officials and ski area employees.
  - b. Suitable dress and grooming, courtesy and good manners in public places, at races and while traveling.
  - c. Self-control, responsible behavior, consideration for others physical and emotional well-being. No profane or abusive language.
  - d. Respect for private and public property.
  - e. Abstinence from the illegal use of alcohol and drugs as befitting an athlete, coach or official representing a club, school or ski area.
  - f. Respect for lift facilities, lift privileges, and closed areas.
  - g. Honest conduct. No theft or misrepresentation whatsoever.
  - h. Attendance at awards ceremonies and receptions.
  - i. Skiing at Cranmore is a privilege and shouldn't be taken advantage of. Athletes will respect all employees, people and facilities at their home mountain.

By signing this agreement we, both athlete and parent, agree to uphold the Core Values of the Cranmore Race Team. Failure to comply with the Code of Conduct will result in disciplinary action. On the reverse side of this sheet there is a summary of behaviors that are deemed unacceptable for athletes and the corresponding disciplinary action that will occur.

	Date:
Athlete Name:	Signature:
Athlete Name:	Signature:
Athlete Name:	Signature:
Parent Name:	Signature:

Below is a list of behaviors that will not be tolerated as a member of the Cranmore Race Team. This list is just to provide examples of behaviors and the consequences; it should not be considered to be an all-inclusive list. All athletes will have a behavior record on file and any behaviors deemed to violate the Code of Conduct will be recorded.

Mild Behavior	Disciplinary Action
-Talking back, arguining with coach or	Private meeting between the athlete and coach/head coach to discuss the
authority figure	behavior. Athlete's behavior record will be noted. Any repetitive behavior will
	result in a meeting with the athlete's parent/guardian to discuss if dismissal
	from practice is warranted.
Moderate Behavior	Disciplinary Action
-Not listening to coach	Private meeting between the athlete, their parent/guardian, coach, and head
-Name calling, teasing	coach to discuss the behavior and determine if a dismissal from practice is
-Throwing food or objects	warranted. Athlete's behavior record will be noted. Any repetitive behaviors
-Bullying, harassment	will result in suspension from training, and will require a plan for corrective
-Inappropriate language	action before returning.
-Horseplay, roughhousing	
-Unwanted Physical Contact	
-Pushing, slapping, kicking, hitting,	
grabbing, spitting, biting, pinching	
-Rude/inappropriate gestures	
High Level & Dangerous Behaviors	Disciplinary Action
-Theft	Private meeting with athlete, their parent/guardian, coach, head coach, and
-Fighting	senior management to discuss the behavior, determine the length of
-Direct defiance	suspension from training, or if expulsion from the program will be warranted.
-Weapons, including possession and	Returning to program after suspension will require a plan for corrective
use	action. Any repetitive behavior will result in expulsion.
-Vandalism	
-False emergency	
-Sexual gestures	
-Uninvited sexual touching	
-Threatening or intimidating others	
Zero Tolerance Behavior	Disciplinary Action
-Alcohol or drug use	Private meeting with athlete, their parent/guardian, head coach, senior
-Assault on coach/mountain	management, and appropriate authorities if applicable; will result in
employee	immediate expulsion.